

Declaration of Agreement



By submitting this form I acknowledge and agree to the following:

Voluntary Participation

I understand that participation in Calorie Crush Fitness classes and programs is voluntary and that I may withdraw at any time.

Assumption of Risk

I acknowledge that exercise involves physical activity and inherent risks. I accept responsibility for my personal safety and assume all risks associated with participation.

Medical Clearance

I confirm that I am physically able to participate or have sought medical advice if I have any medical condition, injury, or concern that could affect my ability to exercise safely.

Release of Liability

I release Calorie Crush Fitness, its instructors, employees, contractors, and representatives from liability for any injury, loss, or damage I may suffer as a result of my participation, except where caused by gross negligence or willful misconduct.

Use of Personal Information

I consent to Calorie Crush Fitness collecting and using my contact information for class communications, scheduling, billing, and program updates in accordance with applicable privacy laws.

Photography and Media

I grant permission for Calorie Crush Fitness to use photos or videos taken during classes that may include my image for promotional or educational purposes unless I notify Calorie Crush Fitness in writing prior to participation.

Payment and Cancellation

I agree to the stated program fees and payment terms. I understand the cancellation and refund policy as described in the program registration details.

Code of Conduct

I agree to behave respectfully toward instructors, staff, and other participants and to follow class instructions and safety guidelines.

By typing my name and submitting this form I confirm that I have read, understand, and agree to this Declaration of Agreement.

Name: _____
Email: _____
Date: _____
Signature (typed): _____

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